



South Wales Regional Athletics Council

Date: Friday, 1 May 2026

START: 6:30pm

END:

Venue: Cardiff International Sports Complex, Leckwith Road, Cardiff

Chair: Kyle Perry (Secretary)

Regular Meeting Minutes

Attendees: Kyle Perry (Secretary & Barry & Harriers), Ron Morris (President), Rowland Williams (Pontyclun AC), Fred Malkin (Barry & Vale Harriers), Victoria Garvey (Cardiff AC), Richard Edge (CDF Runners),

Apologies: Pete Morris (Life Member), Jon Emblem (Bridgend AC), Steph Iverson (Bridgend AC), Paul & Claire Davies (Aberdare AC), Louise (Porthcawl Runners), Sarah (Pontyclun Road Runners), Chris Pratt (Ogmore Phoenix), Lorraine Price (Cardiff AC), Stewart Harding (CDF Runners)

1. Owen Davies (Aberdare)

- Wishing Owen a speedy recovery and the Davies family well.

2. Apologies (2mins)

3. Appointment of Chairperson (4mins)

- None appointed

4. Appointment of Treasurer (4mins)

- None appointed

5. General Council

- No Update

6. T&F (20mins)

JDL - Fix 1

- 393 total athletes
- 67% South / 33% East
- 57% Girls / 43% Boys
- U10's 45 or 11%
- U12's 119 or 30%
- U14's 134 or 34%
- U16's 94 or 24%
- Income received = £2733.60 before expenses.

1 Mile event

- 12 entered with several officiating on the day.
- As previously mentioned we can look to include again for fix 3 & 4 depending on up take and expect that participants officiate.
- If they agree I propose that we agree that the entry fee is FREE.
- Or we scrap it for Fix 3 & 4 and include another event for the juniors on track.

Regional T&F Championships

- Phil Warwicker hosting and organising.
- Officials needed to be made available for the day and advised to Phil by Monday at the latest (9th May).

Inter-Regional T&F Championships

- Team Managers still needed.
- We have 2 agreed but more needed to team manage and to support on the day.
- What officials will be available on the day (13th June)?

Performance

	Champs (# club teams)		Inter-Regionals (pos)		Inter Counties (pos)	
	Male	Female	Male	Female	Male	Female
U13	3	4	1	1	2 of 41	34 of 41
U15	3	3	1	1	16 of 41	18 of 43
U17	2	1	3	1	-	25 of 38
U20	1	0	1	-	-	-
Senior	4	2	1	2	-	29 of 32
V35	5	4	2	3		
V45	6	3	1	2		
V55	2	0	3	4		
V65	1	0	4	-		

29th November 2025.

- Inter Counties Championship – Nottingham, 9th March 2026.

Participation

	SW Champs		Inter-Regionals		Inter Counties	
	Male	Female	Male	Female	Male	Female
U13	23	39	14	14	8*	8
U15	24	24	15	15	5	7
U17	15	11	10	14	3	7
U20	9	1	9	3	3	0
Senior	36	18	15	12	2	9
V35	31	26	9	15		
V45	38	20	15	13		
V55	17	6	13	8		
V65	13	2	5	1		
Total	353		200		52	

7. Endurance (20mins)

- RE talk ed through 3x fixtures and statistics from XC season.

Declarations

Both:

- Club bulk declarations.
- Individual online form.

Total Declarations	549
South Wales Championships	514
Inter-Regional Availability	484
Inter Counties Availability	346

	SW Champs		SW Clubs @ Margam		% Declaration Champs	
	Male	Female	Male	Female	Male	Female
U13	23	39	28	41	82%	95%
U15	24	24	24	25	100%	96%
U17	15	11	15	13	100%	85%
U20	9	1	10	1	90%	100%
Senior	36	18	48	25	75%	72%
V35	31	26	40	34	78%	76%
V45	38	20	48	27	79%	74%
V55	17	6	21	11	81%	55%
V65	13	2	24	2	54%	100%
Total	353		437		81%	

Around 20% of SW club runners didn't declare for the champs, mainly senior athletes.

Feeds into selection process (contact details etc).

> **Club contacts.**

Selection Policy

Inter-Regional

Automatic: first 9 in SW Champs.

Team Manager Discretion: remaining 6 in squad.

All 15 run.

Inter Counties

Automatic: medallists (8) in Inter Regionals run (inc faster masters for seniors).

Team Manager Discretion: remaining 4 in squad.

Juniors: 8 run; Senior: 9 run. Remaining non-travelling reserve.

Discussion: team manager discretion on final X runners (e.g. 6 automatic, 2 discretion, all medallists in squad).

8. Finance (15mins)

- No update

9. AOB

- **Pete Morris** - Thanks to Ron Morris for his support with his 4th event this week. As chief Timekeeper at 2x Cardiff & Vale schools championships and as part of timekeepers for Pentrych Hill race on Tuesday
- **Pete Morris** - Sadness to hear of the passing of Jeff Kirby who was a regular volunteer timekeeper for many years.

10. Date and venue of next meeting

AGM

- Week 1 is Welsh Champs weekend
- Week 2 is Inter-Regional champs weekend
- Week 3 is UK Athletics Champs (Outdoor)
- Week 4 is Welsh Schools Champs
- Fri, 26th June @ 6:30 - Cardiff Athletics Stadium
- Fri 3rd July @ 6:30 - Cardiff Athletics Stadium