



South Wales Regional Athletics Council AGM 2026

Date: Friday, 11 July 2025

START: 6:30pm

END: 8:45pm

Venue: Cardiff International Sports Complex, Leckwith Road, Cardiff

Chair: Kyle Perry (Secretary)

Regular Meeting Minutes

Attendees: Kyle Perry (**Barry & Vale / Secretary**), Ron Morris (**President**), Stewart Harding (**CDF Runners**), Richard Edge (**Cardiff Athletics**), Chris Pratt (**Ogmore Phoenix**), Victoria Garvey (**Cardiff AC**),

Apologies: Pete Morris (**Cardiff & Vale Schools / Life Member**), Phil Warwicker (**Cardiff Archers**), Michelle Evans (**Rhondda / YDL Upper**), Lorraine Price (**Cardiff AC**), Louise Mordue (**Porthcawl Runners**),

1. Chairman's Review of Development Plan (11.3(i))

- No development plan in place

2. Competition Officer Reports (11.3.a.ii)

- Road, Cross Country, Mountain and Fell

- Provided by Stewart Harding (CDF Runners)

General & Road Running

- **Overall Progress:** Endurance clubs built on the previous year's success, raising the region's profile among runners and member clubs.

- **Race Selection:** The 2025 championship races were retained for consistency and to maintain contacts; new events for 2027 will be discussed by club representatives later in the year.
- **Communication:** Early race announcements were distributed to clubs via email, Facebook, and the official website.
- **Registration Issues:** Online registration for three out of four events attracted ineligible runners who failed to read the criteria, resulting in required on-the-day administration to remove them.
- **Acknowledgements:** Thanks were extended to Stewart Harding, Richard Edge, and Fiona Allen for managing registrations and results.

Cross Country

- **Regional Championships:** The event was highly successful, drawing 353 entries across nine age categories via a new pre-registration process that allowed both bulk club entries and individual sign-ups.
- **Results & Awards:** Registration remained open until after the race to maximise participation; unregistered runners were excluded from results. In total, 180 medals were awarded to athletes from 12 different regional clubs.
- **Inter-Regional Success:** The registration form enabled 200 athletes to declare availability for the Inter-Regionals, which the region won. Juniors won six of eight categories, seniors won two of eight, and full teams were fielded in 16 out of 18 categories.
- **Management & Policy:** Team managers (Richard Edge, Victoria Garvey, Steph Iveson, Phil Iveson, Bryn Griffiths, Matt Jacklin, and Clive Denton) are developing a new selection policy to be published online for transparency.
- **UK Inter-Counties:** A challenging event highlighted by the Under-13 boys finishing 2nd out of 41 counties. Only 6 of 10 teams were filled due to low senior availability despite regional talent.

Mountain and Fell

- **Championship Results:** A full men's team finished 10th out of 20 at the British Inter-Counties Senior Mountain Race Championships in Cumbria. The team also placed second at the Welsh Inter-Regional Mountain Running Championships in North Wales, which included an individual second-place finish.
- **Acknowledgement:** Thanks were extended to Pete Ryder for captaining the mountain and fell teams.

- Track & Field

Junior Development League

- New age categories of U10 to U16 used across all 4 fixtures.
- Some trepidation in how it would unfold but no significant issues identified and all have gone well to date.
- 3 fixtures to date completed with final 4th fixture tomorrow
- Over 1047 athletes over 3 fixtures with XX amount more to come from the final fixture
- 1/3 fixtures met Power of 10 but all went smoothly, although athletes were disappointed that their times and distances weren't officially recorded.

Regional Championships

- Huge thanks to Phil Warwicker for the work he put in to make it happen
- Joint South and East Wales championships hosted by Cardiff Archers at Aberdare on 9th May.
- 354 athletes took part across the 2 regions.
- New increased format of U12 to Senior with guest University students also invited.
- Again some trepidation that the event could not be done over one day with some many athletes and events, however, the day went to plan with no significant over runs.

Inter-Regional Championships

- Huge thanks to Joyce Tomala for the work she put in to make it happen.
- Huge thanks to our team managers - Victoria Garvey, Alana Barnes, Michelle Evans and Sharon Smith
- Hosted by East Wales for athletes from U14 to U18.
- 300 athletes across the 4 regions attended.
- Won by South Wales with 619.50 points to West Wales's second place 557.50.
- Boys won by 322.50 points to 222 second place North Wales
- Girls second place with 297 points to West Wales' 338
- South Wales are due to host the 2027 event.

3. Officials Administrator Report (11.3.iii)

- **Endurance** - Since the last AGM we have welcomed 4 new Endurance Officials taking the total to 33 for the Region.
- Due to changes in personnel at Welsh Athletics no new training sessions have been held in 2026 and none are currently scheduled. At a meeting in February there was discussion around an Officials Conference however I am not aware of any progress with this.

- The Endurance officials' availability form for upcoming events up to and including the Senior Road Relays in April 2027 has been circulated. I strongly encourage every Official to complete this even if you can only attend one event on the calendar. If any Endurance Official has not received the form please let me know and I can send it over. The events included are:
- Saturday 12th September - Junior Welsh Road Relay Championships Juniors 2025 (Pembrey Country Parc)
- Sunday 27th September - Sport Shoes Home Nations 5k (Cardiff, Bute Park)
- Wednesday 21st October - Welsh Inter-Schools Cross Country Championships (Brecon)
- Sunday 8th November - Cardiff Cross Challenge (Llandaff Fields)
- Saturday 21st November - Welsh Inter-Regional Cross Country Championships (Newtown, Dolerw Park)
- Wednesday 17th February - Welsh Schools Cross Country Championships (Brecon)
- Saturday 27th February - Welsh Cross Country Championships (Pembrey Country Park)
- Saturday 3rd April - Welsh Road Relay Championships - Senior & Masters 2027 (Royal Welsh Showgrounds, Builth Wells)
- **Track & Field** - NONE

4. Secretary Report (11.3.c)

- I have really enjoyed the role I have had over the past 4 years having taken over from the previous secretary who I understand was in very much the same position as I am in today.
- I have learnt an awful lot about athletics, regional council and Welsh Athletics and I am grateful for the knowledge that I have gained.
- As mentioned at last AGM I am looking to start stepping back from being so heavily involved.
- However, I still feel there is work to be done and I am willing to continue to support the region but in more of a supporting role that is less demanding.

- I wish to provide more support with areas that I enjoy and have expertise in and I think I have other skills and experience that I can bring to the table to help progress the region.
- Therefore, although, I have stated my desire to step back from my current role and I willing if agreed by the council to put myself forward for the position of chair with the acknowledgement that my current activities will reduce and other activities as mentioned are taken up.
- This will inevitably leave the post of secretary vacant for another person to step into.

5. To receive the annual statement of accounts and consider treasurer report (11.3.b)

- Statement of account provided by Jen Stone (Treasurer), see attached.
- Discussions about the use of finances obtained by the region with potential to look at :
 - merchandise
 - issuing vests or training tops to regional winners or medalists
 - Regional Development sessions for athletes
 - Function / awards evenings
 - Sponsorship
 - Travel / coaches to events.

6. Election of officers to Council (11.3.c)

- **President** - Ron Morris (Outgoing) notes / comments.

Message from Pete Morris - Council and committee members may not know of the huge contribution Ron has made to Cardiff & the Vale of Glamorgan Schools Athletics Association.

For the six cross-country competitions last winter, he was the referee for all six - 4 at Pontcanna and 2 at Ysgol Bro Morgannwg - and he was one of the course marking and course marking collection team at the four Pontcanna fixtures.

Last summer, following the retirement of our experienced timekeepers, Ron found himself promoted to chief timekeeper for the eight schools' fixtures and he has continued in that role this summer.

He has been a 'ROCK'! He is always available, completely reliable and always gives sensible advice when consulted - and he has been like this for years. A real gentleman!

Our region is going through difficult times at present but it is hugely fortunate that we have had Ron in such key position.

- **President** - Rowland Williams (Pontyclun AC) - **CARRIED** - as Rowland was not present at the meeting this will be out to him and agreement confirmed at next meeting.
- **Chair** - Kyle Perry (Barry & Vale Harriers) - **CARRIED**
- **Secretary** - Stewart Harding (CDF Runners) & Victoria Garvey (Cardiff Athletics) - **CARRIED**
- **Treasurer** - Jen Stone (Albany Road Run Club) - **CARRIED**
- **T&F Competitions Officer** - Committee - **CARRIED**
- **Cross Country Competitions Officer** - Committee - **CARRIED**
- **Road Running Competitions Officer** - Committee - **CARRIED**
- **Hill & Mountain Competitions Officer** - Committee - **CARRIED**
- **Trail Competitions Officer** - Committee - **CARRIED**
- **Officials Administrator** (Endurance - Fiona Campbell) - **CARRIED**
- **Officials Administrator** (T&F - **VACANT**)
- **Welfare Officer** Male - Ron Morris (San Domenico) - **CARRIED**
- **Welfare Officer** (Female - **VACANT**) - *(Verbal agreement after meeting for Steph Iverson to talk this role, to be agreed at next meeting)*

7. **To appoint representatives to external bodies including regions members to Welsh Athletics, representatives to General Council and Athletics Committee's (11.3.d)**

- **General Council** - Christ Pratt (Ogmore Phoenix)
- **Welsh Athletics AGM** - Kyle Perry (Barry & Vale Harriers)
- **UK CAU AGM** - Stewart Harding (CDF Runners)
- **Track & Field Committee** - Rowland Williams (Pontyclun AC)
- **Road Running Committee** - **VACANT**
- **Trail, Fell & Mountain Committee** - Pete Ryder (Aberdare AAC)
- **Officials Committee (Endurance)** - Fiona Campbell (Pontypridd Rodents)
- **Officials Committee (Track & Field)** - **VACANT**

8. **To consider amendments to constitution (11.3.e)**

- NONE

9. **To consider tabled items of business (11.3.f)**

- NONE

10. **To consider individuals for election as life members of the Council.**
(11.3.g)

- NONE

11. **To consider nominations for service awards to be forwarded to Welsh Athletics (11.3.h)**

- NONE but to be considered at next meeting.

12. **AOB**

- Discussions regarding the potential for Welsh FA to move junior football from winter months to summer months and the impact this will have on athletics.
- More information to be sought and brought back to next meeting for further discussion.

13. **Date and venue of next meeting**

- Fri, 14th Aug; 6:30 - Cardiff International Sports Complex and online.